



Sokol Fort Worth Policies

Please read the following Policies carefully. If you have any questions or concerns, please see our office staff during class hours or call us during regular business hours.

Payments: Monthly tuition payments are due by the 10th of each month. Payments made after the 10th will incur a \$10 Late Payment Fee. Payments not made by the last day of the month will result in temporary removal of your child from class, until your account is up-to-date. Payment may be made by check or cash, and may be made at the office or dropped in the Payment Box in the waiting area/clubroom. Please include your Account Number (same as your phone number) on all payments to help ensure your account is properly credited.

Attire: All gymnastics students must wear appropriate attire to class. *Girls:* one-piece leotards without skirts; legs may be bare or covered by tights; feet must be bare; hair must be pulled off the face, and shoulder-length or longer hair must be in a pony-tail, braids, etc. *Boys:* t-shirt and athletic shorts/pants (elastic waist-band only); bare feet. *Pre-schoolers:* same as described above, except girls may wear t-shirts and shorts. *All:* no jewelry, zippers, snaps, belt buckles, accessories, or large hair bows/clips. Students not wearing appropriate gymnastics attire may be asked to sit-out during all or part of class for safety reasons. (Uniforms are not required for class, but some competitions and exhibitions will require a Sokol uniform which may be purchased through our office.)

Illness: Students may not attend class if they have had the following: Fever of 100.1 or higher, sore throat, vomiting or diarrhea in the last 24 hours; skin infection or unexplained rash, or pink eye/eye infection in the past 48 hours (must wait at least 48 hrs since beginning of treatment); head lice in the past 72 hrs (must be treated to return); mumps, measles, chicken pox, common cold, flu, croup or yellow/green nasal discharge in the past one week; additionally, children on medication must be cleared by their physician to attend class.

Make-Ups: Up to two make-up days per student per semester (Fall, Spring, Summer) may be scheduled through the office. You must schedule your make-up day *in advance of attending*. Make-up days are available on a space-available basis only and in some cases, an accommodating class may not be available.

Visitors in Gym: *NO ONE is allowed in the gym except students/gymnasts attending class*—this is for the safety of your child. Parents, siblings and visitors must remain in the waiting area/clubroom during classes. Students arriving early may not come into the gym until gymnasts are called and class is begun by the instructor(s). Also, students should be picked up promptly at the end of their class.

Watch-Me-Days: Twice per semester, we will hold “Watch-Me Days”, when parents may enter the gym and watch class from the stage (siblings must remain on the stage and with parents). During all other classes, parents may watch class from the waiting area/clubroom; doors will be left open for this purpose. Please do not stand in or block doorways due to fire code regulations. Watch class handouts and our website for dates and details.

Tardiness: A proper warm-up is essential for learning and safety in gymnastics. Students arriving more than 10 minutes after the start of class will not be allowed to participate. We apologize for any inconvenience.

Restroom: Students should use the restroom before class. If your child is unable to use the restroom without assistance, then we ask that you stay during their class—*Sokol staff cannot accompany any child to the restroom*. Additionally, all students (except Mat-Rats/Parent-Child Class) must be fully potty-trained (no Pull-Ups please).

Bad Weather: Sokol Fort Worth will follow Lake Worth ISD in closing for bad weather. Make-up classes will be scheduled and announced when classes resume.

Other: No valuables of any kind should be brought to class or left in the clubroom—Sokol Fort Worth is not responsible for lost or stolen items. No food, drink, or gum allowed in gym or during class. Please follow all posted and/or spoken rules. Please be courteous to instructors and other students.

Please help us keep you informed...watch for handouts during class times and check our website for information, so you never miss any of our fun events or important announcements.